



Frederick Douglass High School

Distance Learning Daily Schedule

January 28 – February 1, 2022

Time	Activity		Minutes
8:15 – 8:45	Teacher Preparation & Planning		30
8:45 – 9:05	Advisement/Announcements/SEL		20
9:05 – 9:10	Transition		5
9:10 – 10:25	1st Period		75
10:25 – 10:35	Break		10
10:35 – 11:50	2nd Period		75
11:50 – 12:30	Lunch		40
12:30 – 1:45	3rd Period		75
1:45 – 1:55	Break		10
1:55 – 3:10	4th Period		75
3:10 – 4:00	For Students	Independent Practice Homework Study Hall	50